

Elementary Menu

2016-2017

daily price list

Meal Price :

\$5.25

Menu Dates	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Sept. 12-16 Sept. 26-30 Oct. 10-14 Oct. 24-28 Nov. 7-11 Nov. 21-25 Dec. 5-9 Dec. 19-23 Jan. 02-06 (Closed) Jan. 16-20 Jan. 30-Feb. 3	Spaghetti with Meatballs and Garlic Bread Stick	Pancakes topped with Berries served with sliced Ham	Chicken Potato Bowl with Mashed Potatoes topped with Diced Chicken, Veggies and 1oz Gravy	Soft Beef Taco with Rice and Corn	Sweet & Sour Meatballs with Rice and Corn
Week 2 Sept. 19-23 Oct. 3-7 Oct. 17-21 Oct. 31-Nov. 4 Nov. 14-18 Nov. 28-Dec. 2 Dec. 12-16 Dec. 26-30(Closed) Jan. 9-13 Jan. 23-27	Creamy Macaroni and Cheese with Veggie Sticks	Pancakes topped with Berries served with sliced Ham	Hot Hamburger Sandwich with Mashed Potatoes, Vegetables and 1oz Gravy	Shepherd's Pie with Carrot Coins	Pizza Grilled Cheese Sandwich with Chicken Noodle Soup
Daily Combo	Chicken Nuggets OR Fingers and Baked Potato Wedges \$4.50/\$5.25	Garlic Slice with Caesar Salad \$4.25	Pizza Slice with a Frozen Yogurt and Small Milk \$4.75	Breadstick and Caesar Salad \$5.00	Chicken Snack Wrap with Carrots & Dip and Small Milk \$5.00

Every Day Favourites!
Pizza, Garlic Fingers, Grilled Cheese, Hamburgers, Chicken Burger, Snack Wraps, Whole Fruit Slush Cups

Sandwiches:
Grilled Cheese \$3.25
Ham & Cheese Sandwich \$3.50
6" Deli Sub(Ham and Turkey Pepperoni) \$3.75

Drinks:
250ml White Milk \$0.50
250ml Choc Milk \$0.55
1.4lml Juice \$0.65
341ml Can Juice \$1.75
Bottled Water \$1.50
Yop (113ml) \$1.25

Salads:
Caesar Salad \$3.50
Garden Salad \$3.30

Other:
Baked Fries/Wedges \$2.50
Grilled Chicken Burger \$3.75
Hamburger \$3.75
Cheeseburger \$4.50
Pizza \$2.95
Garlic Slice \$2.75

Snacks:
Popcorn \$1.25
Veggies and Dip \$1.50
Crackers and Cheese \$2.00
Low Fat Cookie \$0.85

Muffins (small) \$1.25
Breadsticks \$1.50
Bread Stick \$1.50
Fresh Fruit \$1.25
Fruit Cup \$1.75
Apple Slices w/Dip \$2.25
Pudding Cup \$1.75
Baked Chips \$1.50
Cinnamon Bun \$1.50
Chapman's Frozen Yogurt Cup \$1.25

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